

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 United Church Service Video (TH) <b>1</b></p> <p>1:00 MATINEE SERIES: The Diplomat - Season 2 (TH)</p> <p>2:00 Board Games* (GR)</p> <p>3:00 Canadian History Presentation with Eric: European Contact - Vikings to Champlain (TH)</p> <p>7:00 SERIES: "Mad Men" (TH)</p>	<p>10:00 Chair Tai Chi with Brenda (AR) <b>2</b></p> <p>10:45 Trivia (GR)</p> <p>1:30 Horseracing (GR)</p> <p>2:30 Bingo (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>7:00 DOCUMENTARY: Hidden Belize (TH)</p>	<p>10:00 Chair Pilates Exercise with Jenn (AR) <b>3</b></p> <p>10:45 Holiday Matching Cards Memory Game (GR)</p> <p>2:00 The Agnes Trio Holiday Concert (GR)</p> <p>3:15 A Picture is Worth a 1000 Words (GR)</p> <p>6:30 Card Game Night* (GR)</p>	<p>10:00 Falls Prevention Exercise with Dr. McNeill (AR) <b>4</b></p> <p>10:45 Jeopardy Trivia (GR)</p> <p>1:00 BUS: Shopping at Tillicum Mall (AR)</p> <p>2:00 Bingo (GR)</p> <p>3:00 Dementia Discussions with Laurie &amp; Judy (CK)</p> <p>7:00 MOVIE: The Man Who Invented Christmas (TH)</p>	<p>10:00 Exercise (AR) <b>5</b></p> <p>10:45 Holiday Gift Wrapping (AR)</p> <p>2:30 Happy Hour ft Victor Pasta (GR)</p> <p>3:30 Shuffleboard* (GAMR)</p> <p>7:00 SERIES: Emily in Paris (TH)</p>	<p>10:00 Chair Yoga with Kathy (AR) <b>6</b></p> <p>10:45 Who or What Am I? Trivia (GR)</p> <p>1:00 Story Sharing/Memoir Writing (FL)</p> <p>2:00 Scam Prevention Safety Talk with Constable Wishlaw (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>3:00 Music Bingo (GR)</p> <p>5:00 CHEK TV Holiday Toy Drive Thru (TH)</p> <p>7:00 SERIES: "This Is Us" (TH)</p>	<p>10:00 Balls &amp; Bands (AR) <b>7</b></p> <p>10:45 Glengarry Highland Dancers (GR)</p> <p>1:00 BUS: Sidney Scenic Drive (AR)</p> <p>2:00 Fit Minds (AR)</p> <p>3:00 Arts &amp; Crafts: Holiday Door Decorations (AR)</p> <p>6:30 Truck Light Parade (FL)</p> <p>7:00 MOVIE: The Man Who Saved Christmas (TH)</p>
<p>9:30 United Church Service Video (TH) <b>8</b></p> <p>1:00 MATINEE SERIES: The Diplomat - Season 2 (TH)</p> <p>3:00 Board Games* (GR)</p> <p>7:00 SERIES: "Mad Men" (TH)</p>	<p>10:00 Gentle Fit &amp; Stretch (AR) <b>9</b></p> <p>10:45 Trivia (GR)</p> <p>1:30 Horseracing (GR)</p> <p>2:30 Bingo (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>7:00 DOCUMENTARY SERIES: Wild Isles (TH)</p> <p><b>Last Day for non-perishable Food Hamper Donations</b></p>	<p>10:00 Chair Pilates Exercise with Jenn (AR) <b>10</b></p> <p>10:45 You be the Judge (GR)</p> <p>2:00 Mulled Wine &amp; Cheese Social ft. K-Tones (GR)</p> <p>3:00 Festive Colouring &amp; Conversation (GR)</p> <p>6:30 Card Game Night* (GR)</p> <p><b>Holiday Dinner</b></p>	<p>10:00 Falls Prevention Exercise with Dr. McNeill (AR) <b>11</b></p> <p>10:45 Jeopardy Trivia (GR)</p> <p>1:00 BUS: Shopping at Hillside Mall (AR)</p> <p>2:00 Bingo (GR)</p> <p>3:15 Resident Classic Holiday Sing-a-long with Agnes (GR)</p> <p>7:00 MOVIE: I'll Be Home for Christmas (TH)</p>	<p>8:00 Hearing Aid Cleaning Pick Up (FD) <b>12</b></p> <p>9:00 Spec Savers Complimentary Eye Glass Cleaning &amp; Repair (GR)</p> <p>10:00 Exercise (AR)</p> <p>10:45 Holiday Gift Wrapping (AR)</p> <p>2:30 Happy Hour ft Whisky Jack (GR)</p> <p>3:30 Pool Game* (GAMR)</p> <p>7:00 SERIES: Emily in Paris (TH)</p> <p><b>Café Closed for Dinner</b></p>	<p>10:00 Chair Yoga with Kathy (AR) <b>13</b></p> <p>10:45 Shut the Box! (GR)</p> <p>1:00 Crib Tournament* (GR)</p> <p>1:00 Story Sharing/Memoir Writing (FL)</p> <p>2:00 Target Practice (AR)</p> <p>3:00 Knitting Group* (GR)</p> <p>3:00 Music Bingo (GR)</p> <p>7:00 SERIES: "This Is Us" (TH)</p>	<p>10:00 Balls &amp; Bands (AR) <b>14</b></p> <p>10:45 Fit Minds (AR)</p> <p>2:00 Hans Steffen Singers (GR)</p> <p>3:00 Holiday Cookie Decorating (GR)</p> <p>7:00 MOVIE: Polar Express (TH)</p> <p><b>Elf on the Shelf Begins</b></p>
<p>9:30 United Church Service Video (TH) <b>15</b></p> <p>1:00 MATINEE SERIES: The Diplomat - Season 2 (TH)</p> <p>3:00 Board Games* (GR)</p> <p>7:00 SERIES: "Mad Men" (TH)</p>	<p>10:00 Chair Tai Chi with Brenda (AR) <b>16</b></p> <p>10:45 Trivia (GR)</p> <p>1:30 Horseracing (GR)</p> <p>2:30 Bingo (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>7:00 DOCUMENTARY SERIES: Wild Isles (TH)</p>	<p>10:00 Chair Pilates Exercise with Jenn (AR) <b>17</b></p> <p>10:45 Holiday Matching Cards Memory Game (GR)</p> <p>2:00 Birthday Social ft. Charlie Burton (GR)</p> <p>2:45 P.A.T.S. Dog Visit (GR)</p> <p>3:15 Show &amp; Share: Sharing Holiday Traditions (GR)</p> <p>6:30 Card Game Night* (GR)</p>	<p>10:00 Falls Prevention Exercise with Dr. McNeill (AR) <b>18</b></p> <p>10:45 Jeopardy Trivia (GR)</p> <p>2:00 Bingo (GR)</p> <p>3:00 Dementia Discussions with Laurie &amp; Judy (CK)</p> <p>3:00 Festive Rhythmic Drumming (AR)</p> <p>3:45 BUS: Lights of Wonder at Centennial Square (AR)</p> <p>7:00 MOVIE: Christmas with the Kranks (TH)</p>	<p>10:00 Exercise (AR) <b>19</b></p> <p>10:45 Festive Word Games (AR)</p> <p>1:45 Secret Santa Gift Exchange (GR)</p> <p>2:30 Holiday Happy Hour ft Joyz &amp; the Boyz (GR)</p> <p>3:30 Shuffleboard* (GAMR)</p> <p>7:00 SERIES: Emily in Paris (TH)</p> <p><b>Wear Red/Green</b></p>	<p>10:00 Chair Yoga with Kathy (AR) <b>20</b></p> <p>10:45 Who or What Am I? Trivia (GR)</p> <p>1:30 Holiday Sing-a-long with Brandy Moore (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>3:00 Festive Music Bingo (GR)</p> <p>7:00 SERIES: "This Is Us" (TH)</p>	<p>10:00 Drumfit Exercise (AR) <b>21</b></p> <p>10:45 Fit Minds (AR)</p> <p>2:00 Stocking Stuffer Stumper Game (AR)</p> <p>3:00 Paint &amp; Wine with Somaiah (AR)</p> <p>7:00 MOVIE: A Christmas Carol (TH)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 United Church Service Video (TH) <b>22</b></p> <p>1:00 MATINEE SERIES: A Man on the Inside (TH)</p> <p>3:00 Board Games* (GR)</p> <p>7:00 SERIES: "Mad Men" (TH)</p>	<p>10:00 Gentle Fit &amp; Stretch (AR) <b>23</b></p> <p>10:45 Trivia (GR)</p> <p>1:30 Reindeer Racing (GR)</p> <p>2:30 Bingo (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>7:00 DOCUMENTARY SERIES: Wild Isles Ep. 5 &amp; Ultimate Oceans Ep. 1 (TH)</p>	<p>10:00 Chair Pilates Exercise with Jenn (AR) <b>24</b></p> <p>10:45 Pack The Presents Board Game (GR)</p> <p>2:00 Armchair Travel "Rick Steves Christmas in Europe" (TH)</p> <p>6:30 Card Game Night* (GR)</p> <p><b>Christmas Eve</b></p>	<p>10:30 Christmas Activity Sheets* (GR) <b>25</b></p> <p>2:00 Festive Colouring &amp; Conversation* (GR)</p> <p>7:00 MOVIE: It's a Wonderful Life (TH)</p> <p><b>Christmas Day</b></p>	<p>10:30 Holiday Crosswords &amp; Word Search Sheets* (GR) <b>26</b></p> <p>2:00 Ping Pong* (AR)</p> <p>3:30 Pool Game* (GAMR)</p> <p>7:00 SERIES: Emily in Paris (TH)</p> <p><b>Boxing Day</b></p>	<p>10:00 Chair Yoga with Kathy (AR) <b>27</b></p> <p>10:45 Target Practice (GR)</p> <p>1:00 Crib Tournament* (GR)</p> <p>1:30 Ted Talk (TH)</p> <p>3:00 Knitting Group* (GR)</p> <p>3:00 Music Bingo (GR)</p> <p>7:00 SERIES: "This Is Us" (TH)</p>	<p>10:00 Balls &amp; Bands (AR) <b>28</b></p> <p>10:45 Fit Minds (AR)</p> <p>1:00 <a href="#">BUS: Dallas Road Scenic Drive (AR)</a></p> <p>2:00 New Year's Word Games (AR)</p> <p>3:00 Shut the Box! (GR)</p> <p>7:00 MOVIE: Sleepless in Seattle (TH)</p>
<p>9:30 United Church Service Video (TH) <b>29</b></p> <p>1:00 MATINEE SERIES: A Man on the Inside (TH)</p> <p>3:00 Board Games* (GR)</p> <p>7:00 SERIES: "Mad Men" (TH)</p>	<p>10:00 Chair Tai Chi with Brenda (AR) <b>30</b></p> <p>10:45 New Year's Eve Trivia (GR)</p> <p>1:30 Horseracing (GR)</p> <p>2:30 Bingo (GR)</p> <p>3:00 Knitting Group* (GR)</p> <p>7:00 DOCUMENTARY SERIES: Ultimate Oceans (TH)</p>	<p>10:00 Chair Pilates Exercise with Jenn (AR) <b>31</b></p> <p>1:30 - 4:00pm New Year's Eve Celebration with Shenanigans! (GR)</p> <p>7:00 New Year's Rockin' Eve LIVE from NEW YORK (TH)</p> <p><b>New Year's Eve</b></p>				

**MEAL TIMES:**  
**Breakfast 7:30am - 9:00am**  
**Lunch 11:15am - 12:30pm**  
**Dinner 4:15pm - 5:30pm**  
**Courtyard Café**  
**7:30am - 3:00pm**  
**5:00pm-6:30pm**  
**\* Denotes resident led activity**

**TUCK SHOP:**  
**Monday, Wednesday & Friday**  
**2:00 - 3:00pm**  
**ARLENE'S SALON:**  
**Wednesdays & Thursdays**  
**10:00am-5:00pm**  
**BINGO 25 cents a card**  
**HORSERACING 10 cents per game**  
**HAPPY HOUR \$2 drink donation**



Locations Legend  
 Great Room (GR)  
 Activity Room (AR)  
 Theatre (TH)  
 Games Room (GAMR)  
 Fireside Lounge (FL)  
 Country Kitchen (CK)  
 Front Desk (FD)